



Programma svolto a. s. 2025 - 2026

Classe / Indirizzo: 5BS Indirizzo Servizi per la Sanità e l'Assistenza Sociale

Materia: Lingua Inglese

Docente: Sara Rugna

L'elenco che segue è stato letto dal docente ai delegati della classe

Elenco dei contenuti

Libro di testo: A Caring Society, Edisco

Modulo 6: Social and Sanitary Issues

Unit 1: Adults in need:

- Unemployment rate
- Unemployment benefits
- Social inclusion and income support measures
- Wage guarantee funds and solidarity contract
- Poverty and food aids

Unit 2: Social inclusion:

- Drug rehabilitation
- Prisoner rehabilitation in Italy
- Cultural mediation for immigrants
- Homelessness in Italy
- Asylum seekers

Unit 3: Welfare

- Social security in Italy
- National insurance against accidents at work
- The healthcare system in Italy

Module 7: Caring for everyone

Unit 1: Severe disorders

- Down syndrome: a genetic disorder
- Autism: a developmental disorder
- Epilepsy: a neurological disorder
- Intellectual disability: a neurodevelopmental disorder

Unit 2: Minor disorders

- Learning disabilities
- Attention deficit hyperactive disorder and dyspraxia

Unit 3: Differently-abled individuals

- Physical disability



- Laws and benefits
- Overcoming disability

Modulo 8: A global approach to healthy living

Unit 1: Hygiene, prevention and health

- What's hygiene?
- Hygiene basics for healthcare assistants
- Preventing the spread of contagious diseases

Unit 2: Eat well, feel well

- Healthy eating
- How to read food labels
- Food -borne illness

Unit 3: A person-centred approach in healthcare

- Being person-centred
- Music and drama for elderly patients
- Physical activity for elderly patients

Modulo: Culture and civilization

Hot issues- argomenti di attualità a scelta o argomenti interdisciplinari: *addictions, anxiety and the loneliness epidemic.*

UdA multidisciplinare: *"Progetto d'intervento assistenziale socio-sanitario: la senescenza", breve analisi su:*

- A person-centred approach
- The concept of senescence, some structures in Italy and UK
- Dementia, Alzheimer and Parkinson

UdA di Educazione civica: *"Le istituzioni nazionali, sovranazionali e internazionali": The EU and its institutions; UNHCR and the refugees (international organisations).*

Conversation class with an English native-speaking teacher.

Cremona, 03/06/2026

Il docente
Sara Rugna